

STATE REPRESENTATIVE ★ 84TH DISTRICT

STEPHANIE KIFOWIT



1677 Montgomery Rd., Ste. 116 ★ Aurora ★ 630-585-1308 ★ Stephanie.Kifowit@att.net



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Happy April Fools Day!

Dear Stephanie,

We're in the homestretch of our spring legislative session of the Illinois General Assembly! As of now, we are scheduled to be in session every day until the scheduled adjournment on April 8. This past week we have been working everyday to pass meaningful legislation for all Illinoisans. With this session heading toward the end, there are quite a number of bills I have been working on over these past couple months. One of the bills I am happy to highlight is House Bill 5175 ([HB 5175](#)), which I sponsored in the House.

This bill amends the Public Community College Act. The bill would see that all individuals on active duty, or are entitled to Veteran's education assistance, that the board of trustees of a community college district shall deem that person an in-district resident for tuition purposes for any academic quarter, semester, or term, as applicable. This will make it easier and is only fair for our Veterans to qualify for assistance and education benefits after their service to our state and country. With its passage in the House I'm eager to see it pass the Senate and onto the Governor's desk.

I'm also happy to announce that earlier this week [HB 4271](#) passed the Senate, which means it will be on its way to the Governor's desk for his consideration. This bill would ease the financial burden on the many women who are suffering in agony because they are in need of medically necessary breast reduction surgery. The bill would require that a group or individual policy of accident and health insurance or managed health care plan shall provide of costs of up to \$18,000 on average for these life changing and necessary medical procedures. Having surgery to eliminate severe pain that affects day to day life, and in some cases, prevents women from being able to work, should be covered by insurance and I am thrilled that my colleagues in the House and the Senate agreed by passing this measure.

I will continue to update you on legislation and events as we enter our last week in session.

Finally, I have listed some of the many new district updates and events taking place. Our Senior Kane County meal drive will continue all the way until October, so make sure you sign up in advance! As always you may contact my office at (630) 585 1308 if you have any questions and to provide you with direction if you are in need of assistance.

Enjoy the warmer weather that spring will bring---eventually!

Take care and be well,



P.S. Though the Midwest is known for unpredictable weather, make sure you enjoy the warmer days that Spring will bring!

Mutual Ground Donation Drive March 28 - April 29, 2022

Mutual Ground has been a non-profit organization since 1974 and has worked to assist and provide resources for those who are victims of domestic and sexual violence and substance abuse disorders. Supporting these individuals in crisis is important, which is why I am working with Representative Barbara Hernandez to collect items for donation Mutual Ground.

The listed items are stated below and may be dropped off at our offices during the designated hours. Gift cards and cash donations should be made directly to Mutual Ground in Aurora. Call [630.585.1308](tel:630.585.1308) with any questions.

Donation Drive for



Mutual Ground is a non-profit organization providing programs that focus on Safety, Healing and Prevention for victims of domestic and sexual violence and individuals impacted by substance use disorders.

Donations will be collected from:

March 28 – April 29, 2022

(Collection hours listed below)



Support individuals in crisis. Support our community.

Wish List Items

(for the residents and clients of Mutual Ground)

- Laundry Detergent
- XL Bath Towels (new)
- Toilet paper
- Glass Cleaner
- Pine-sol
- Gas cards
- Uber/Lyft gift cards
- Gift cards for Amazon, Walmart, Target
(for urgent resident needs)

*Gift Cards and Monetary donations should be sent directly to Mutual Ground at:

418 Oak Avenue | Aurora, IL 60506 | www.mutualground.org



Representative
Stephanie Kifowit
- 84th District

1677 Montgomery Rd. Suite 116
Aurora, IL 60504 | 630.585.1308

Office Collection Hours:
Monday - Friday 10:00am – 4:00pm



Representative
Barbara Hernandez-
83rd District

540 W. Galena Blvd.
Aurora, IL 60506 | 630.270.1848

Office Collection Hours:
Monday - Thursday 10:00am – 5:00pm

Sponsored By

Senior Food Drives Are Here! Next Date is April 11th

For the 3rd year we are partnering with Representative Keith Wheeler and Representative Barbara Hernandez to distribute frozen meals to eligible seniors and all Veterans. You must reside in Kane County, be 60 years of age or older or a Veteran of any age to participate in this program. Additional particulars are on the flyer below. You can call any of our offices for more information.

Senior Meal Distribution Drive-Thru



Rep. Barbara Hernandez



Rep. Stephanie Kifowit



Rep. Keith Wheeler

Mondays from 11am -1pm



- March 14th & 28th
- April 11th & 25th
- May 9th & 23th
- June 13 & 27th
- July 11th & 25th
- Aug 8th & 22nd
- Sept 12th & 26
- Oct 3rd & 24th



St. Athanasios Greek Orthodox Church, 1855 5th Ave, Aurora, IL 60504

***Only Available Via Registration:**

To register, call: 630.585.1308 (Kifowit)
630.270.1848 (Hernandez)
630.345.3464 (Wheeler)

*Registration closes the Friday prior at 12:00pm



Adults who are 60+ and reside in Kane county are eligible for 5 frozen meals. Veterans of all ages, residing in Kane County are eligible. You must call to register to be eligible to participate. You are not eligible if currently enrolled in Meals On Wheels

www.ildistrict84.com - michelle@ildistrict84.com

www.StateRepresentativeBarbaraHernandez.com - hailey.repbernandez@gmail.com

www.repkeithwheeler.com - office@repkeithwheeler.org

Meals Provided by the Kane Senior Council. This is a Temporary Service that may conclude at any time. For more information about Kane Senior Council call 630.338.0999 or email info@kaneseniouncil.org or visit kaneseniouncil.com



Free Stress Busting Program Next Training May 25th

The Stress-Busting Programs (SBP) are evidence-based and proven to reduce stress, anxiety, and depression and improve the quality of life for family caregivers. This Master Training will take place on Zoom over a 4-day period.

The next training is May 25th. sign up [here](#) and see below for additional info.

Stress-Busting Program for Family Caregivers™



Do you provide care for a loved one with a chronic illness?

You Are Not Alone

- We know caregiving can be stressful
- This program will:
 - Provide education and support
 - Teach stress management techniques
 - Help caregivers develop coping strategies
- Program available at no cost



Information

Who: Family caregivers of a loved one with a chronic illness

What: Multi-component program

- Meets 90 minutes/week for 9 weeks
- Groups of up to 8 people

Where: Coming soon to Placitas, NM

"I was at a very low point in my life. This program saved my life."

Participant



Distributed by
WELLMED
CHARITABLE FOUNDATION



Developed at
UT HEALTH
SCIENCE CENTER
SAN ANTONIO

For more information, contact:

Sharon Lewis 830-377-1484

slewis2@unm.edu

www.caregiverstressbusters.org

Want to Visit a Museum for Free? See Below!

Would you like to visit one of the fabulous and world famous museums in Chicagoland? Our office offers a FREE Constituent Resource Card for anyone looking to visit a Chicagoland institution with their families or friends!

Contact our office at 630.585.1308 or click [here](#) for the application on our website!

Did you know?

- **The Office of State Representative Kifowit offers all constituents FREE Constituent Resource Cards**
- **This card allows students, families, and anyone a free day in countless Chicago land based Museums and Institutions!**
- **Visit the Field Museum, Shedd Aquarium, and other locations for FREE**
- **If you'd like to schedule a free visit please call our office: (630) 585 1308 or visit www.ILDistrict84.com**



State Representative Stephanie Kifowit | 84th District



Internship Applications Now Being Accepted!

Our district office in Aurora is seeking inspired and highly motivated students for internships in the summer season and the fall and spring semesters of the 2022-2023 school year! We are currently offering three types of internships based on the skill sets and learning goals of our interns. I highly encourage all students of any major to apply!

If interested, please email sebastian@ildistrict84.com with your resume and a brief paragraph on why you'd like to intern with us. Or click [here](#) for the online application. Come learn what state government is all about!

Stephanie Kifowit



STATE REPRESENTATIVE ★ 84TH DISTRICT

Media Intern Needed!

- **Help with Social Media, Newsletters, and marketing related projects**
- **Interns choose hours**
- **Students are eligible for college credit**

To apply, email michelle@ildistrict84.com

OR

Visit www.ILDistrict84.com and click on the Intern Tab

Make a difference in your community!



Stephanie Kifowit



STATE REPRESENTATIVE ★ 84TH DISTRICT

Casework Intern Needed!

- Work with various State Departments and organizations
- Help assist constituents on a variety of issues including Veterans, mental health, and more
- Interns choose hours and length of internship
- Students are eligible for college credit

To apply, email michelle@ildistrict84.com

OR

Visit www.ILDistrict84.com and click on the Intern Tab

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Stephanie Kifowit



STATE REPRESENTATIVE ★ 84TH DISTRICT

Legislative Intern Needed!

- Work to help establish district events
- Research possible legislation
- Work with Constituents to hear what issues they care or are passionate about
- Interns choose hours and length of internship
- Students are eligible for college credit

To apply, email michelle@ildistrict84.com

OR

Visit www.ILDistrict84.com and click on the **Intern Tab**

Make a difference in your community!



Preparing for Spring Weather

With spring just around the corner, the Illinois Emergency Management Agency (IEMA) kicked off Severe Weather Preparedness Month by partnering with the National Weather Service (NWS) to publish a [Severe Weather Preparedness Guide](#) to help prepare Illinoisans for any severe weather.

Additionally, Illinois residents are strongly encouraged to have a National Oceanic and Atmospheric Administration (NOAA) All Hazards Weather Radio with battery backup. These radios can be programmed to receive alerts for specified counties to help keep you and your family safe during severe weather conditions.

Another resource to be aware of during Severe Weather Preparedness Month is the [free mobile app](#) developed by the Federal Emergency Management Agency (FEMA). This app provides notifications and updated information about severe weather while you are on the go. These tools are critical to protect you and your family as severe weather frequently strikes during the night while we are sleeping.

For more information about what to do before, during, and after a storm, please click [here](#).



Facebook Live Mondays at 9 AM

I continue to host Monday Morning Coffee live via Facebook at 9:00am-10:00am where you can post your comments and questions.

I realize not everyone has Facebook. The good news is that you can still participate. If you would like to join us on Monday mornings, you can join in via ZOOM! Once connected via ZOOM, you'll be able to interact just as if you were on Facebook. Don't worry you will not be on live - your video feed and mic will be muted.

The ZOOM link will be emailed to everyone separately for Monday morning participation.

If you would like to join us, please email Michelle@ILDistrict84.com or call the office at 630.585.1308.

f LIVE

**MONDAY MORNING
COFFEE WITH
REPRESENTATIVE KIFOWIT**
9:00am

You can find us on FB :
@ILDistrict84

[Visit our Website](#)

[630.585.1308](tel:630.585.1308)

stephanie.kifowit@att.net



State Rep Stephanie Kifowit | 1677 Montgomery Road, Suite 116, Aurora, IL 60504

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