

STATE REPRESENTATIVE ★ 84TH DISTRICT

STEPHANIE KIFOWIT



1677 Montgomery Rd., Ste. 116 ★ Aurora ★ 630-585-1308 ★ Stephanie.Kifowit@att.net

Hope you're having a Sweet February!

Happy Valentine's Day

Next week I will head back to Springfield where I will continue to work on legislation and committee meetings. It's been a little over a month since we have been in Springfield, so I am excited to be back in person continuing to work for you on important issues.

I also want to thank you for helping us see a sharp decline in Covid-19 cases. We are currently seeing the fastest rate of decline in our hospitalization metrics since the pandemic began! If we see this trend continue then on February 28th, the indoor mask requirement for the State of Illinois will be lifted! Governor Pritzker announced all of this and more in this past week's press release which you can read by clicking [here](#). The protocols, which included vaccines, masks and social distancing worked!

While I'll be busy, I hope you all have a great weekend leading up to Valentine's Day. Whether you're celebrating with a loved one or with friends, I hope it's a sweet one. Or perhaps you're like my district staffer Sebastian, who waits for the the Valentine's Day candy to go on clearance on February 15th. Either way, let someone know you appreciate that they're in your life and spread some positivity!

Take care and be well,

A handwritten signature in black ink that reads "Stephanie".



P.S. I know the winter months can be difficult for many individuals. If you need someone to talk to or if you are feeling depressed please call a friend, a family member or even our office. The Depression help hotline is 866-903-3787 and [you can click here for more](#)

Thanking our Healthcare Workers

Throughout the Covid-19 Pandemic, our healthcare workers around Illinois and the country have worked hard to ensure that your communities are safe and healthy. A lot of these individuals had to work long hours and many have done so with nothing but their patient's health first and foremost.

That's why this past week my district office as well as Representative Hernandez's office helped collect cards from our districts to show our gratitude and support for our healthcare workers. These cards were written up by elementary students, high schoolers, families, and senior citizens to give thanks and show their appreciation.

This past Thursday I met with Representative Hernandez to donate our total of 328 cards to our local healthcare workers at Rush Copley here in Aurora.

Thank you for all who donated, and for showing your appreciation to our doctors, nurses, and all our amazing healthcare workers!



(Representative Kifowit & Representative Hernandez handing out cards to Rush Copley staff)

Vaccine Success!

This past week we once again partnered with Alderwoman Patty Smith and VNA Healthcare to help distribute vaccines in our community. Covid-19 and Flu Vaccines as well as Booster Shots were administered to anyone eligible.

With cases decreasing statewide, I want to say thank you to everyone who has been vaccinated. I know we are all tired of hearing about Covid-19 after almost two years of this pandemic. However, there is now light at the end of the tunnel, and the vaccines helped get us to this point.

Let our office know if you are still in need of a vaccine or booster and we are more than happy to help assist! My district office can be reached at **(630)-585-1308**.



Happy Birthday Abraham Lincoln!

On February 12th, 1809, President Abraham Lincoln was born. Although it has been 213 years since his birth, we still enjoy the legacy of his leadership to this day. Fun Fact: Lincoln was also part of the Illinois State General Assembly back in 1834!

Read more about our tallest president [here](#).

Happy birthday President Lincoln!



Illinois State Museum New Growing Up X Exhibit

Hey, fellow Gen Xers! Do you have old Walkmans, mixtapes, lunchboxes, or pagers gathering dust in a box in your basement? Do you have a carefully hidden photo of yourself with your fanny pack around your waist and a scrunchy in your hair?

Believe it or not, these mildly embarrassing remnants of our youth may be museum-worthy. The Illinois State Museum is putting together a new exhibit, "Growing Up X", dedicated to our (often-overlooked) generation. The exhibit, to open this October, will showcase what it was like to be a child in the '70s, '80s, and '90s.

To capture the experiences of Illinois' Gen Xers, the Museum is inviting people born from 1965 to 1980 to fill out a survey of their experiences and consider loaning the exhibit photos and other cherished items from the era.

Click [here](#) to access the survey.



**between boomers
and millennials...**

Energy Assistance for Winter Applications Open until May 31st 2022

The Illinois Department of Commerce and Economic Opportunity and the Citizens Utility Board are reminding residents to apply for \$200 million remaining in utility assistance under Gov. JB Pritzker's Help Illinois Families initiative, an expansion of the Low-Income Household Energy Assistance Program under the American Rescue Plan.

Designed to support Illinois' most vulnerable families, the program will help cover the cost of heating and energy bills, including expanded benefits provided this year from \$750 to \$1,000, on average per household. Last day to apply **online** with the Request for Services form is **April 15**. After that date you can still apply through your local administering agency through May 31 2022.

To learn more and to fill out a new application, visit helpillinoisfamilies.com



COVID-19 Updates

I'm excited COVID-19 booster shots are becoming more and more available and I urge everyone to get one. Thank you for doing your part in getting the vaccine or a booster, wearing a mask when needed, hand sanitizing, and keeping your distance to stop the spread.

Getting your vaccines not only keeps you healthy and safe, but everyone else around you as well. The best protection against the recently emerged Omicron variant is getting fully vaccinated and getting a booster shot. The increasing number of people getting their shots and continuing the wear masks when appropriate has worked as we are seeing the number of Covid-19 cases in Illinois decrease.

If you need assistance in obtaining a Covid Vaccine or a Flu shot contact my district office and we can find a Vaccine Clinic near you. Or click on this link [Here](#) to locate a clinic online.

If you are in need of more information on the vaccine, booster shots, and travel guidance for the new year please visit [IDPH](#) for information!

State Representative

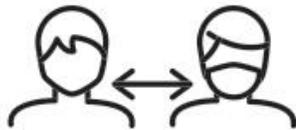


Stephanie Kifowit



LIKE A SEATBELT A MASK ONLY WORKS IF YOU WEAR IT

Keep up the fight to defeat Coronavirus!



Watch your
distance



Wash your
hands



Wear face
coverings

For more information, please visit the IDPH website (dph.illinois.gov).

LEARN THE DIFFERENCES BETWEEN CORONAVIRUS, FLU AND COLD

COVID-19 SYMPTOMS:

- FEVER OR CHILLS
- COUGH
- SHORTNESS OF BREATH OR DIFFICULTY BREATHING
- CHANGE IN OR LOSS OF TASTE AND SMELL
- FATIGUE
- MUSCLE OR BODY ACHES
- SORE THROAT

FLU SYMPTOMS:

- FEVER
- COUGH
- SORE THROAT
- RUNNY OR STUFFY NOSE
- MUSCLE AND BODY ACHES
- HEADACHES
- FATIGUE
- VOMITING AND DIARRHEA

COLD SYMPTOMS:

- RUNNY OR STUFFY NOSE
- SNEEZING
- SORE THROAT
- CONGESTION

If you think you're experiencing an emergency, dial 911.

AdvocateAuroraHealth

FB Live Mondays at 9 AM

I continue to host Monday Morning Coffee live via Facebook at 9:00am-10:00am where you can post your comments and questions.

I realize not everyone has Facebook. The good news is that you can still participate. If you would like to join us on Monday mornings, you can join in via ZOOM! Once connected via ZOOM, you'll be able to interact just as if you were on Facebook. Don't worry you will not be on live - your video feed and mic will be muted.

The ZOOM link will be emailed to everyone separately for Monday morning participation.

If you would like to join us, please email Michelle@ILDistrict84.com or call the office at 630.585.1308.

Monday mornings at 9:00am
@ILDISTRICT84

Coffee with Rep. Kifowit
630.585.1308

f LIVE

www.IL District84.com
Stephanie.Kifowit@att.net

630.585.1308

stephanie.kifowit@att.net

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