

STATE REPRESENTATIVE ★ 84TH DISTRICT

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**You don't want to be sick,
so go get the flu shot, quick!**

DuPage & Kane County Flu Vaccine Information

Local Health Department recommends checking with your physician's office or local pharmacy for the availability of flu vaccine. Flu shots at NOT available at health fairs.

FLU INFORMATION

For DuPage County, flu vaccine is available at physician offices, pharmacies, grocery stores, quick care clinics, and other locations throughout DuPage County. Flu INFORMATION is available by calling the Health Department at 630-682-7400 or visiting the DCHD website. www.dupagehealth.org

Kane County, to find a location to get a flu shot in your community, check with your health care provider or use the online Vaccine Finder at VaccineFinder.org. In addition, local clinics like VNA Health Care (vnahealth.com), the Greater Elgin Family Care Center (gefcc.org) and Aunt Martha's Health and Wellness () provide appointments for flu shots. Everyone six months of age and older should get the seasonal flu vaccine. The vaccine is available as either a flu shot or in a nasal spray. Talk with a health care provider about what type is most appropriate for you. More information on the types of flu vaccine is provided on the Kane County Health Department website at KaneHealth.com/Pages/Flu.aspx. 630-208-3801

Will & Kendall County Flu Vaccine Information

Local Health Department recommends checking with your physician's office or local pharmacy for the availability of flu vaccine. Flu shots are NOT available at health fairs.

FLU INFORMATION

The Will County Health Department Immunization Clinic, located at 501 Ella Ave. in Joliet, offers flu shots for residents 6 months and older.

They are available by appointment between 8:30 a.m. and 4:30 p.m. Monday through Friday.

To schedule an appointment for a flu shot, call 815-740-8143. Website: www.willcountyhealth.org

Kendall County, to find a location to get a flu shot in your community, the health department advises residents to check with their health care provider or use the online Vaccine Finder at VaccineFinder.org. Everyone six months of age and older should get the seasonal flu vaccine. The vaccine is available as either a flu shot or in a nasal spray. Residents should talk with their health care provider about what type is most appropriate for them. Website: www.kendallhealth.org
[630-553-9100](tel:630-553-9100)

Cold, Flu or COVID-19 Signs & Symptoms

Is it a COLD or FLU or COVID-19?

Signs and Symptoms	COLD	FLU	COVID-19
Symptom onset	Gradual	2 days	2-14 days
Body Aches	Slight	Common	Common
Cough	Common	Common	Common
Diarrhea	Rare	Sometimes	Sometimes
Fatigue/Weakness	Sometimes	Common	Common
Fever/Chills/Shaking	Rare	Common	Common
Loss of Taste or Smell	Never	Never	Sometimes
Shortness of breath or Difficulty Breathing	Rare	Common	Common
Stuffy nose	Common	Common	Rare
Sneezing	Common	Sometimes	Rare
Sore throat	Common	Common	Common
Headache	Rare	Common	Common



Questions about COVID-19?
Call 1-800-889-3931 or email dph.sick@illinois.gov
Illinois Department of Public Health - www.dph.illinois.gov
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No Flu for You!

SICK WITH FLU? KNOW WHAT TO DO!

Influenza (or flu) is a contagious respiratory illness caused by flu viruses. Most people with flu have mild illness and do not need medical care or antiviral drugs. If you get flu symptoms, in most cases you should stay home and avoid contact with others except for medical care.

KNOW THE SYMPTOMS OF FLU

Flu viruses can cause mild to severe illness, and all times can lead to death. The flu is different from a cold. The flu usually comes on suddenly.

People who have flu often feel some or all of these symptoms: Fever* or feeling feverish/chills, cough, sore throat, runny or stuffy nose, muscle or body aches, headaches, fatigue (tiredness). Some people may have vomiting and diarrhea. This is more common in children.

* It's important to note that not everyone with flu will have a fever.

TAKE ANTIVIRAL DRUGS IF YOUR DOCTOR PRESCRIBES THEM!

Antiviral drugs can be used to treat flu illness. Antiviral drugs can make illness milder and shorten the time you are sick. They also can prevent serious flu complications.

CDC recommends that antiviral drugs be used only to treat people who are very sick with the flu and people who get flu symptoms who are at high risk of serious flu complications, either because of their age or because they have a high medical condition.

STAY HOME WHEN SICK

When you are sick, limit contact with others as much as possible. Avoid close contact with people who have a fever or cough, and avoid contact with people who have a fever or cough. Stay home for at least 24 hours after your fever begins to get medical care or for other reasons.

*Have been advised by your doctor to have someone else do it if a fever-reducing medication before leaving your home.

www.cdc.gov/flu/takingcare.htm #FIGHT FLU

TAKE 3 ACTIONS TO FIGHT FLU

Influenza (flu) is a contagious disease that can be serious. Every year, millions of people get sick, hundreds of thousands are hospitalized, and thousands to tens of thousands of people die from flu. CDC urges you to take the following actions to protect yourself and others from flu.

GET YOURSELF AND YOUR FAMILY VACCINATED!

A yearly flu vaccine is the first and most important step in protecting against flu viruses.

Everyone 6 months or older should get an annual flu vaccine. Protect Yourself. Protect Your Family. Get Vaccinated. #FightFlu

STOP THE SPREAD

Take everyday preventive actions to help stop the spread of flu viruses!

Avoid close contact with sick people; avoid touching your eyes, nose, and mouth; cover your coughs and sneezes; wash your hands often (with soap and water).

ASK YOUR DOCTOR ABOUT FLU ANTIVIRALS

Take antiviral drugs if your doctor prescribes them!

Antiviral drugs can be used to treat flu illness and can make illness milder and shorten the time you are sick.

www.cdc.gov/flu #FIGHT FLU

630.585.1308

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