







Happy President's Day!

Happy President's Day Weekend Stephanie!

This week it was good to be back in Springfield as the General Assembly resumed in person sessions. We are meeting in committees and passing bills to the House floor.

One important piece of new legislation that I am working on is, <u>HB 4271</u>, would provide coverage for medically necessary breast reduction surgery in Illinois. Many friends of mine have been denied this surgery that is needed to help eliminate back, neck and other pain in addition to helping with their overall health. Did you know that this is not only an issue for women? In the past, we hosted a <u>Facebook live</u> and discussed that men and women can get breast cancer and can have issues with their health. Looking at treatments that help the overall health of an individual is extremely important. Look for our email next week where I will let you know more legislative updates on items I am working on, and good pieces of legislation that I am also cosponsoring now that we are back in Springfield.

You might not be aware of the increase in organized retail crimes that have been happening in stores, mostly high-end retail stores in Chicago. These crimes are very concerning to all of us. The Illinois Attorney General, Kwame Raoul, has been working with the Illinois Retail Merchants Association on a bill that would disrupt these crimes and create a new criminal charge--organized retail crime--that will make it easier for prosecutors to investigate and enforce it. I have already expressed my support of this legislation and will look forward to voting to hold these individuals accountable. I will be sure to update you on when this bill and other important pieces of legislation are on their way to the Governor's desk.

As we transition from winter to spring, having lived in IL my whole live (with the exception of my military service), I know that the weather is unpredictable. I know heating costs can put a strain on household budgets, I have included information below for assistance with energy bills.

As always you can contact my office at (630) 585 1308 if you have any questions or need assistance in any way. My office is here to assist you.

While President's Day usually is only promoted in commercials for sales; I hope you enjoy the weekend and reflect on how our great nation has shown that democracy does work. I am a chief cosponsor on HB5015 which creates the Illinois America 250 Commission Act for the purpose of planning, promoting, and implementing appropriate commemoration of the 250th Anniversary of the founding of the United States of America.

Take care and be well,





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P.S. I know the winter months can be difficult for many individuals. If you need someone to talk to or if you are feeling depressed please call a friend, a family member or even our office. The Depression help hotline is 866-903-3787 and <u>you can click here for more information.</u>

Medal of Honor Ceremony

This past weekend I was invited to deliver the keynote address at the Chicagoland Combined Veterans Museum, Library and Honor Roll at the dedication ceremony for their Medal of Honor. In December of 2021, The Department of Defense provided on a long term loan, a Medal of Honor for display purposes at the Museum. The Medal of Honor is our government's highest and most prestigious military decoration. It was only fitting that the dedication occurred on February 12, Abraham Lincoln's birthday.

In 1861, President Lincoln signed into law the creation of the Medal of Honor Fewer than 4,000 Veterans have received this honor. This is only the 3rd museum to display the Medal of Honor in Illinois.

It was humbling to be there with so many fellow Veterans and I commend what they have done at this museum to educate people and create greater awareness about the military.









Visiting our Classroom's Future Leaders!

Last week I was able to speak at Hoover-Wood Elementary School in Batavia about my role in state government. You may not know this, but I was once a substitute school teacher! If you want to get energized about our future, spend some time with our youth like this 4th grade class! I talked about what I do in Springfield in state government and they came up with some great questions.

The entire class was filled with so much optimism. These students are destined for great things in their lives and it will be fun to see their success. They were a delightful group and a reminder of the importance of a good education and good teachers!. Good luck Hawks with the rest of your 4th grade year and thank you for having me!





Valentine Card Success!

Thank you to everyone who helped create cards for our healthcare workers. They were very appreciative of the cards and took them with glee. In total, between Representative Hernandez's office and mine, we made 328 cards!

Once again thank you all for your help. Keep an eye out for future events and drives in the 84th district!



Happy 81st Birthday Coast Guard Reserve!

Happy birthday to the Coast Guard Reserve! Today and every day, we thank the brave men and women of the Coast Guard Reserve who serve our country in times of great need.

Read more about the Coast Guard's History here!



Happy Birthday to the COAST GUARD RESERVE

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A Safe Place for Newborns

The Department of Children and Family Services has a extensive compilation of documents and locations for any individual to go if they feel they can longer take care of their newborn.

Please visit the link **here** for more information.



Illinois has a safe place for your newborn.

If you are pregnant and unable to keep your baby after it's born, you may legally hand your unharmed baby, up to 30 days old, to a staff member at a hospital, fire or police station, or emergency care facility. Your baby will be given medical care and be adopted by a loving family.

You don't have to give your name or any other information to anyone. You will not be breaking any laws. But, you will be giving your baby the gift of life.

For confidential information or help, please call

1-888-510-2229





Energy Assistance for Winter Applications Open until May 31st 2022

The Illinois Department of Commerce and Economic Opportunity and the Citizens Utility Board are reminding residents to apply for \$200 million remaining in utility assistance under Gov. JB Pritzker's Help Illinois Families initiative, an expansion of the Low-Income Household Energy Assistance Program under the American Rescue Plan.

Designed to support Illinois' most vulnerable families, the program will help cover the cost of heating and energy bills, including expanded benefits provided this year from \$750 to \$1,000, on average per household. Last day to apply **online** with the Request for Services form is **April 15**. After that date you can still apply through your local administering agency through May 31 2022.

To learn more and to fill out a new application, visit helpillinoisfamilies.com





COVID-19 Updates

Thank you for doing your part in getting the vaccine or a booster, wearing a mask when needed, hand sanitizing, and keeping your distance to stop the spread of this virus. Thanks to all of you, the indoor mask mandate is scheduled to be lifted on February 28th in Illinois! Read Governor Pritzker's full press release <u>Here!</u>

Getting your vaccines not only keeps you healthy and safe, but everyone else around you as well. The increasing number of people getting their shots and continuing to wear masks when appropriate has worked as we are seeing the number of Covid-19 cases in Illinois decrease significantly.

If you need assistance in obtaining a Covid Vaccine, Booster, or a Flu shot contact my district office and we can find a Vaccine Clinic near you. Or click on this link <u>Here</u> to locate a clinic online.

If you are in need of more information on the vaccine, booster shots, and travel guidance for the new year please visit **IDPH** for information!

COVID -19 VACCINES FOR YOUNG CHILDREN



GET THE FACTS: Vaccines for children 5 to 11

- o Rigorously tested
- o Safe and effective
- o 1/3 of the adult dose
- No evidence it affects puberty or fertility
- Provides same immune response as young adults after second dose
- Reduces COVID testing, quarantine, and isolation
- Helps children get back to their everyday activities

Talk to your child's pediatrician about the COVID-19 vaccine. For more information call the COVID-19 hotline at (800) 889-3931.



Facebook Live Mondays at 9 AM

I continue to host Monday Morning Coffee live via Facebook at 9:00am-10:00am where you can post your comments and questions.

I realize not everyone has Facebook. The good news is that you can still participate. If you would like to join us on Monday mornings, you can join in via ZOOM! Once connected via ZOOM, you'll be able to interact just as if you were on Facebook. Don't worry you will not be on live - your video feed and mic will be muted.

The ZOOM link will be emailed to everyone separately for Monday morning participation.

If you would like to join us, please email **Michelle@ILDistrict84.com** or call the office at 630.585.1308.



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