

Greetings!

I hope everyone had an enjoyable Easter weekend. This week we are returning to Springfield in a hybrid model to pass legislation. I'll keep you posted on my Facebook page and twitter feed daily updates.

As we enjoy the weather of April and the spring flowers, it is important to stay safe. Last March, we were just beginning to implement lockdowns due to COVID-19. Now, over one year later, we are starting to get back to some sense of "normalcy". Stores and restaurants are seeing more customers in person, students are going back to school, and events are being celebrated again, even if in a small capacity. However, with these openings, the COVID cases are starting to climb. There are regions in our area that are quickly approaching 8% positivity rates. Please continue to wear a mask, hand sanitize and maintain social distancing - we really do not want another resurgence. It is with a heavy heart that I write this email. My mother-in-law passed away after being infected with COVID and she had no pre-existing conditions, in February; the disease is deadly and we still need to be careful.

Vaccines are being given out and more vaccines will be available to Illinoisans this month. If you haven't checked your local health department or the VNA, I'd encourage you to do so, appointments are opening up for you to get your vaccine. In addition, the City of Aurora are organizing mass vaccination sites that you can find on their website. This month, all individuals 16 years and older can get the vaccine! In the meantime, staying masked up, washing your hands often, and staying physically distant is still the best way to stay safe and healthy.

Each year, our office offers unpaid internships to high school Jr/Sr and college students. If you know of a student looking for an internship, please have them email a resume and letter of interest to Lori in my office at lori@ildistrict84.com. We have opportunities for students in social work, political science, government and more.

Signs of spring are here. Baseball has started, the sun is shining and the weather is warm. Hopefully, soon, we'll see some flowers and trees start to bloom. The recent warm weather and sunshine has been a welcome opportunity to spend some time outside. Taking even a brief walk in the sun can do wonders for your mood and gets rid of the "COVID blues".

I hope this nice weather is here to stay.

Take care and be well!



P.S. If you need anything or have any questions, please call my office at (630) 585-1308 or send me an email at Stephanie.Kifowit@att.net. We are working on our Electronics/Recycling event and will email those details out when they are finalized.

Join Me Via Zoom or on Facebook

I continue to host Monday Morning Coffee live via Facebook at 9:00am-10:00am where you can post your comments and questions.

I realize not everyone has Facebook. The good news is that you can still participate. If you would like to join us on Monday mornings, you can join in via ZOOM! Once connected via ZOOM, you'll be able to interact just as if you were on Facebook. Don't worry you will not be on live - your video feed and mic will be muted.

The ZOOM link will be emailed to everyone separately for Monday morning participation.

If you would like to join us, please email Michelle@ILDistrict84.com or call the office at 630.585.1308



COVID-19 Vaccine Information

Illinois has administered over 3 million doses of COVID-19 vaccines you can find updates **HERE**

The Illinois Department of Public Health and local county health departments are working to distribute vaccines to our constituents in phase 1A and 1B. All organizations also ask for our patience. Please note, at this time all vaccinations are by appointment.



How can I get a vaccine?



Local Health Departments can get you registered for a vaccine. Click on the county you live in to take you directly to their site to register.

DuPage County residents

Kane County residents

Kendall County residents

Will County residents

You can also check your local pharmacies to see if they have appointments available.

*Note: The pharmacies are not limiting residency.

Kroger/Mariano's Jewel-Osco

Walgreen's

CVS

Wal*mart

Meijer

VNA Health Care, Aurora

Hines VA Hospital is now offering the COVID-19 vaccine to Veterans of all ages.

If Veterans are interested in receiving a COVID-19 vaccine at the main campus or one of its Community Based Outpatient Clinics (CBOCs), they should call to schedule an appointment at 708-202-2707 or 708-202-7000.

Veterans need to be enrolled in health care at Hines or one of its six CBOCs to be eligible for the vaccine. However, to receive care in VA, enrollees must meet certain eligibility requirements under current law, which may include income limits.

Click here to register as a veteran

State of Illinois COVID-19 Response Website



Other Annual Immunizations

While the COVID-19 vaccine is here, health care providers want to remind patients that it is equally important to stay up to date on your current annual immunizations. Additional information can be found **HERE**



Recommended Adult Immunization Schedule for ages 19 years or older

UNITED STATES

How to use the adult immunization schedule

Determine recommended vaccinations by age 2 Assess need for additional recommended vaccinations 3 by medical condition and other indications (Table 2)

frequencies, and intervals and considerations for special situations (Notes)

Recommended by the Advisory Committee on Immunization Practices (www.cdc.gov/vaccines/acip) and approved by the Centers for Disease Control and Prevention (www.cdc.gov), American College of Physicians (www.acponline.org), American Academy of Family Physicians (www.aafp. org), American College of Obstetricians and Gynecologists (www.acog.org), American College of Nurse-Midwives (www.midwife.org), and American Academy of Physician Assistants (www.aapa.org).

Vaccines in the Adult Immunization Schedule*

Vaccines	Abbreviations	Trade names
Haemophilus influenzae type b vaccine	Hib	ActHIB* Hiberix* PedvaxHIB*
Hepatitis A vaccine	НерА	Havrix* Vaqta*
Hepatitis A and hepatitis B vaccine	НерА-НерВ	Twinrix*
Hepatitis B vaccine	НерВ	Engerix-B* Recombivax HB* Heplisav-B*
Human papillomavirus vaccine	HPV	Gardasil 9*
Influenza vaccine (inactivated)	IIV	Many brands
Influenza vaccine (live, attenuated)	LAIV4	FluMist® Quadrivalent
Influenza vaccine (recombinant)	RIV4	Flublok* Quadrivalent
Measles, mumps, and rubella vaccine	MMR	M-M-R II*
Meningococcal serogroups A, C, W, Y vaccine	MenACWY-D MenACWY-CRM MenACWY-TT	Menactra* Menveo* MenQuadfi*
Meningococcal serogroup B vaccine	MenB-4C MenB-FHbp	Bexsero* Trumenba*
Pneumococcal 13-valent conjugate vaccine	PCV13	Prevnar 13*
Pneumococcal 23-valent polysaccharide vaccine	PPSV23	Pneumovax 23°
Tetanus and diphtheria toxoids	Td	Tenivac* Tdvax™
Tetanus and diphtheria toxoids and acellular pertussis vaccine	Tdap	Adacel* Boostrix*
Varicella vaccine	VAR	Varivax*
Zoster vaccine, recombinant	RZV	Shingrix

*Administer recommended vaccines if vaccination history is incomplete or unknown. Do not restart or add doses to vaccine series if there are extended intervals between doses. The use of trade names is for identification purposes only and does not imply endorsement by the ACIP or CDC.

- Suspected cases of reportable vaccine-preventable diseases or outbreaks to the local or state health department
- Clinically significant postvaccination reactions to the Vaccine Adverse Event Reporting System at www.vaers.hhs.gov or 800-822-7967

Injury claims

All vaccines included in the adult immunization schedule except pneumococcal 23-valent polysaccharide (PPSV23) and zoster (RZV) vaccines are covered by the Vaccine Injury Compensation Program. Information on how to file a vaccine injury claim is available at www.hrsa.gov/vaccinecompensation.

Questions or comments

Contact www.cdc.gov/cdc-info or 800-CDC-INFO (800-232-4636), in English or Spanish, 8 a.m.–8 p.m. ET, Monday through Friday, excluding holidays.



Download the CDC Vaccine Schedules app for providers at www.cdc.gov/vaccines/schedules/hcp/schedules/

Helpful information

- Complete ACIP recommendations
- www.cdc.gov/vaccines/hcp/acip-recs/index.html General Best Practice Guidelines for Immunizat
- (including contraindications and precautions): www.cdc.gov/vaccines/hcp/acip-recs/general-recs/index.html
- Vaccine information statements: www.cdc.gov/vaccines/hcp/vis/index.html Manual for the Surveillance of Vaccine-Preventable Diseases
- (including case identification and outbreak response): www.cdc.gov/vaccines/pubs/surv-manual
- Travel vaccine recommendations: www.cdc.gov/travel
- Recommended Child and Adolescent Immunization Schedule, United States, 2021:
- www.cdc.gov/vaccines/schedules/hcp/child-adolescent.html
- ACIP Shared Clinical Decision-Making Recommendations www.cdc.gov/vaccines/acip/acip-scdm-faqs.html



U.S. Department of Health and Human Services Centers for Disease Control and Prevention

Illinois House of Representatives Adopts Strong Rules Package for Transparency

In February, the Illinois House of Representatives adopted rules for the 102nd General Assembly based on a package proposed by Leader Harris and a working group convened earlier in the session. These rules allow for remote legislating so House committees can continue hearings and mark-ups with safety and health top-of-mind. These new rules also align with Speaker Welch's intention to offer reforms that allow for more transparent legislative processes.



Highlights of the new rules package include:

- Allowing remote participation and voting in committees, including the Rules Committee, with proper disclosure of technology and software to allow public participation;
- Creating term limits for the Speaker and Minority leader of five General Assemblies;
- Prohibiting the Speaker and Minority Leader from serving on the Rules Committee;
- Requiring the Speaker and Minority Leader to recuse themselves from disciplinary proceedings if they are a petitioner or subject of the proceedings;
- Allowing the chair of special investigating committees or select disciplinary committees to adopt procedural rules without the approval of the Speaker.

A copy of the rules package can be viewed <u>HERE</u>.

Bill Tracking

Your feedback is critical for me and my team to be successful in representing you. Please reach out anytime you have questions, comments or concerns.

As we move into the 2021 legislative session, please follow Springfield happenings with the following resources: Bills I am working on via ILGA website <u>HERE</u>



Ilinois Department of Natural Resources



The Illinois Department of Natural Resources (IDNR) today announced the launch of a new user-friendly licensing, registration and reservation platform for outdoor enthusiasts interested in hunting, fishing, boating, snowmobiling and camping.

Visitors to https://ExploreMorelL.com and https://Camp.ExploreMorelL.com will discover quick and easy solutions for hunting and fishing licensing and permitting; watercraft and snowmobile titling, registration and renewals; as well as campground reservations on any device, at any time.

Around The District









Mask Up

