

STATE REPRESENTATIVE ★ 84TH DISTRICT

STEPHANIE KIFOWIT



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Recycle and Shred Day is this Saturday!

Hello,

Our Shred and Recycle Event Day is almost here! The **Annual Shred and Recycle Event takes place this Saturday, June 18 from 9 a.m. to Noon rain or shine.** We all need to protect ourselves from identity theft and shredding paperwork with personally identifiable information is an important step to improving our security. We will accept 4 bags per car for on-site shredding. We aim to make it easy for you so we ask you just stay in the car for drop off. Please make sure you read the flyer below or go to my website (www.ildistrict84.com) for a list of approved electronics. We are also accepting unused medications in a clear plastic bag, eye glasses, cellphones and gently used books.

This event is also important to do our part to help the environment as we properly dispose of approved electronic devices and unused medications. Medications disposed of improperly have been shown to contaminate our lakes and streams and have been detected in our groundwater supply for drinking water.

Many donations from this event help non-profits, cellphones go to Mutual Ground and glasses go to the Lions Club along with gently used books going to various organizations. If you have an antique electronic or a unique item, let us know - the Paramount Theater uses many items like these as stage props for their productions. I'm excited to see all of you this Saturday!

With higher temps arriving, please stay cool and be safe! The dangerously high temperatures we have experienced this week can lead to extreme health issues. Continue reading for more tips on how to beat the heat as well as cooling locations that are available to the public.

Take care and be well,

A handwritten signature in black ink that reads "Stephanie". The signature is fluid and cursive, with a large loop at the beginning.



P.S. As always, if you have any questions on events you may call my district office at (630)-585-1308 or visit www.ILDistrict84.com.

Shred & Recycle Day June 18th 9 AM-12 PM

Never too late for some spring cleaning! This Saturday, June 18th, come out from 9am-12pm to shred any old documents, papers, and recycle other household items. See below for items that will be accepted at this *rain or shine* event. Call (630)-585-1308 with any questions.

STATE REPRESENTATIVE STEPHANIE KIFOWIT



RECYCLE & SHRED DAY



Electronic
Recycling

Medication

Paper Shred

Cell phone
Eyeglasses &
Used Books



Accepting: computer towers, microwaves, DVD players, VCRs, video game consoles, printers cable receivers, fax machines digital players & recorders

NO TVs or
COMPUTER MONITORS

Prescription drug & over-the-counter medication collection provided by Fox Metro
No controlled substances Please place all medications in a clear plastic bag

On-site document shredding

Limit of 4 bags per car

Cell phone collection to benefit Mutual Ground domestic violence & sexual assault services

We are also accepting eyeglasses and gently used books

SATURDAY, JUNE 18, 2022 9:00AM - NOON

WHERE:

Rain or Shine

Rep. Kifowit
constituent service
office parking lot
1677 Montgomery Rd
Aurora, IL
630.585.1308
Stephanie.kifowit@att.com

Follow us on Facebook & Twitter
@ILDistrict84



Rep. Kifowit-USMC



Contactless
disposal



Women Veteran's Day Event

This past Sunday, June 12th, was Women Veteran's Day. President Harry Truman signed the Women's Armed Services Integration Act on June 12, 1948, allowing women the right to serve as permanent members of the armed forces.

Currently in the United States there are over 2 million Women Veterans and they are the fastest growing Veteran population! Women Veterans have/are serving across all military branches and divisions. I am the **only woman Veteran and the only United States Marine Corps Veteran in the entire Illinois General Assembly**, When I served, women

were still allowed to serve in a handful of military occupations. Today, women are allowed to serve in almost every military occupation in all branches of the Armed Forces.

I was happy to celebrate this special day with Illinois Secretary of State Jesse White and another fellow Marine, Gina LoGalbo! If you are a Woman Veteran you can see more information on Women Veterans and other Veterans' resources on the Illinois Department of Veteran Affairs website [here](#).



Staying Cool in Dangerous Heat

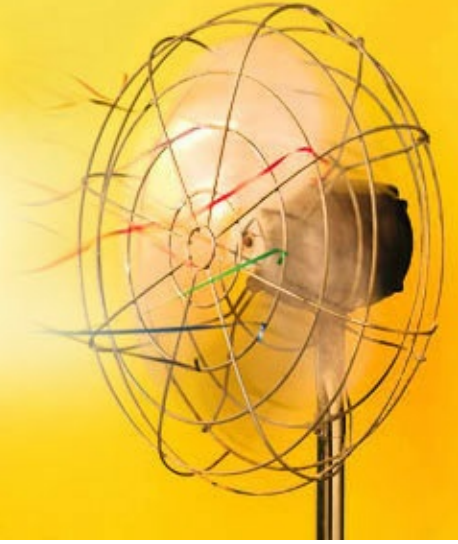
While summer weather can be enjoyable, it's important to stay cool, hydrated, and safe in times of extreme heat. Some helpful tips to remember when outdoors are:

- Drinking plenty of fluids, even if you don't feel thirsty.
- Scheduling outdoor activities carefully and pacing yourself.
- Wearing loose, lightweight, light-colored clothing.
- Wearing and reapplying sunscreen as indicated on the package.
- Taking cool showers or baths to cool down.
- Checking on friends and neighbors, especially the elderly and disabled.
- Never leaving children or pets in cars.
- Visiting indoor public spaces such as stores and malls
- Checking the local news for health and safety updates.

If you are in need of a cooling center the City of Aurora has several locations on their website [here](#). If you need help finding a cooling location please call our office at (630).585.1308 or stop by for assistance.

STAY COOL!

Visit A Cooling Center To Beat The Heat



Facebook Live Mondays at 9 AM

I continue to host Monday Morning Coffee live via Facebook at 9:00am-10:00am where you can post your comments and questions.

I realize not everyone has Facebook. The good news is that you can still participate. If you would like to join us on Monday mornings, you can join in via ZOOM! Once connected via ZOOM, you'll be able to interact just as if you were on Facebook. Don't worry you will not be on live - your video feed and mic will be muted.

The ZOOM link will be emailed to everyone separately for Monday morning participation.

If you would like to join us, please email Michelle@ILDistrict84.com or call the office at 630.585.1308.



Monday Morning Coffee
Facebook Live with
Representative Kifowit

9:00AM @ILDISTRICT84

630.585.1308

stephanie.kifowit@att.net

Visit our website

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Instagram

Facebook